

## **Chanute**

### **Clean and Crazy NA**

1609 W 1<sup>st</sup> St  
Chanute KS 66720

Monday 8:00 PM Open Topics

Wednesday 8:00 PM Open Topics

Thursday 8:00 PM Open Topics

## **Emporia**

### **Pioneer Group NA**

882 W 5<sup>th</sup> Ave  
Emporia KS 66801

Sunday 10:00 AM Open Topics

Sunday 7:00 PM Book Study

Monday Noon Open Topics

Monday 8:00 PM Closed

Tuesday 8:00 PM Open Topics

Wednesday Noon Open Topics

Wednesday 6:30 PM Open Topics

Wednesday 8:00 PM Book Study

Thursday 8:00 PM Open Topics

Friday Noon Open Topics

Friday 6:30 PM

1<sup>st</sup> Fri of the month speaker

2<sup>nd</sup> Fri of the month Open

3<sup>rd</sup> Fri Birthday Night

4<sup>th</sup> Fri of the month Open

Saturday 2:00 PM Men's Meeting

Saturday 8:00 PM Candlelight Open Topics

## **Independence**

### **Freebirds NA**

121 S 14<sup>th</sup> St  
Independence KS 67301

Sunday 7:00 PM Open Topics

Monday 8:00 PM Open Topics

Tuesday 7:00 PM Open Topics

Wednesday 8:00 PM Closed Book Study

Thursday 7:00 PM Open Topics

Friday 8:00 PM Open Topics

Saturday 8:00 PM Open Topics

## **Iola**

### **First Step Group NA**

214 W Madison  
Basement (Fellowship Regional Church)  
Iola KS 66749

Tuesday 7:00 PM

Thursday 7:00 PM

## **Parsons**

### **A Way to Recovery NA**

1527 Morton Ave (Hamilton Chapel)  
Parsons KS 67357

Monday 6:30 PM Open Topics

Thursday 6:30 PM Open Book Study

Saturday 6:30 PM Open Topics

## **Sedan**

### **Never Alone Group NA**

309 W. Elm St  
Sedan KS 67361

Friday 7:00 PM Open Topics

## **Yates Center**

### **Crossroads NA**

300 W. Mary (Heritage Hills Apts )  
Yates Center KS 66783

Tuesday 6:00 PM Open Topics

Friday 6:00 PM Open Topics

### **Updated 09/11/2017**

Just For Today Area meets every month on the 2nd Sunday of the Month in Yates Center, KS. The Area serves under the Mid-America Region of Narcotics Anonymous. The region service meeting is held every 3-months on the third weekend of the month.

### **Just For Today**

Tell yourself JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through NA I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

### **Serenity Prayer**

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

### **Gratitude Prayer**

"My **gratitude** speaks, when I care and when I share with others the NA way."

### **Third Step Prayer NA**

Take my will & my life,  
Guide me in my recovery,  
Show me how to live.

### **The 12 Steps of Narcotics Anonymous**

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
  2. We came to believe that a Power greater than ourselves could restore us to sanity.
  3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
  4. We made a searching and fearless moral inventory of ourselves.
  5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
  6. We were entirely ready to have God remove all these defects of character.
  7. We humbly asked Him to remove our shortcomings.
  8. We made a list of all persons we had harmed, and became willing to make amends to them all.
  9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
  10. We continued to take personal inventory and when we were wrong promptly admitted it.
  11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
  12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.
- This sounds like a big order, and we can't do it all at once. We didn't become addicted in one day, so remember—easy does it.

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# **Just for Today Area NA**

## **Meeting Schedule**

Serving the following communities in Kansas:

***Chanute, Emporia, Independence, Iola,  
Parsons, Sedan, Yates Center***

Just For Today Area  
PO Box 299  
Emporia, KS 66801

[www.iftareana.net](http://www.iftareana.net)

Helpline:

(855) 732-HOPE (4673)