

Arkansas City.....

Second Chance

116 E. Washington, Arkansas City
Sunday 7:00 PM (*Open Meeting*)
(*1st. Sunday Birthday Day Night*)
Monday 7:00 PM (*Basic Text Study*)
Tuesday 7:00 PM (*Open Meeting*)
Thursday 7:00 PM (*Guiding Principles study*)
Friday 7:00 PM (*Open Meeting*)
Saturday 7:00 PM (*Open, Candlelight*)

Burlington.....

Burlington NA

420 Kennedy St
(*Therapy Services*)
Thursday 7:30 PM (*Open Meeting*)

Chanute

Recovery In Progress

1621 W 14 th St,
Monday 7:00 PM (*Open Meeting*)
Wednesday 7:00 PM (*Open Meeting*)
(*First Sat of Month 7:00 PM Birthday Day Night*)
Sunday 1:00 PM (*Book Study*)

Cherryvale

Meeting Temporarily Closed

Clean and Free

329 E Main
(*Public Library, entrance on south side of building*)
Tuesday 7:00 PM (*Open Meeting*)
Thursday 7:00 PM (*Open Meeting*)

Coffeyville.....

Coffeyville NA

501 E. 9th (*Agape' Fellowship Church*)
Tuesday 6:00 PM (*Open Meeting*)
Thursday 6:00PM (*Open Meeting*)

Emporia.....

Pioneer

882 W 5 th Ave, Emporia
Sunday 10:00 AM (*Open Meeting*)
mask required
Sunday 7:00 PM (*Book Study*)
Monday Noon (*Open Meeting*)
Monday 8:00 PM (*Closed Meeting*)
Tuesday 8:00 PM (*Open Meeting*)
Wednesday 8:00 PM (*Book Study*)
Thursday Noon (*Open Meeting*)
Friday 6:30 PM (*Open Meeting*)
(*1st Friday Speaker Meeting, 3rd Friday Birthday Night*)
Saturday 8:00 PM (*Open, Candlelight*)

Eureka.....

Last Chance

319 N. Elm St (*Entrance In Back*)
Tuesday 7:30 PM (*Open Meeting*)
Friday 7:30 PM City Park (*Vermont & Main*)
(*weather permitting*)

Independence.....

Freebirds

121 S 14 th St, Independence
Sunday 7:00 PM (*Open Meeting*) **Mask Required**
Monday 8:00 PM (*Open Meeting*)
Tuesday 7:00 PM (*Open Meeting*)

Wednesday 8:00 PM (*Closed Book Study*)
Thursday 7:00 PM (*Open, Candlelight*)
Friday 8:00 PM (*Open Meeting*)
Saturday 8:00 PM (*Open Meeting*) **Mask Required**
(*Last Saturday Birthday Night*)

Neodesha.....

Misery is Optional

702 Wisconsin, Neodesha
(*Upstairs First Christian Church*)
Monday 6:00 PM (*Open Meeting*)

Parsons.....

A Way to Recovery

1527 Morton Ave, Parsons
(*Hamilton Chapel*)
Monday 6:30 PM (*Open Meeting*)
(*1st Monday Birthday Night*)
Thursday 6:30 PM (*Open Meeting*)

Pleasanton.....

H.O.W.

751 Main St, Pleasanton
(*United Methodist Church*)
Wednesday 7:00 PM (*Closed Meeting*)

Sedan.....

Never Alone

220 N. Chautauqua St
(*First Baptist Church*)
Friday 7:00 PM (*Open Meeting*)

Just For Today Area meets the 2nd Sunday of every Month in Yates Center, KS. The Area serves under the Mid-America Region of Narcotics Anonymous. The region service meeting is held every 3-months on the 3rd weekend of the month. (Updated 10/20)

Just For Today.....

Tell yourself JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through NA I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

Serenity Prayer.....

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Gratitude Prayer.....

"My **gratitude** speaks, when I care and when I share with others the NA way."

Third Step Prayer

"Take my will and my life. Guide me in my recovery. Show me how to live."

The 12 Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.

2. We came to believe that a Power greater than ourselves could restore us to sanity.

3. We made a decision to turn our will and our lives over to the care of God as we understood Him.

4. We made a searching and fearless moral inventory of ourselves.

5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. We were entirely ready to have God remove all these defects of character.

7. We humbly asked Him to remove our shortcomings.

8. We made a list of all persons we had harmed, and became willing to make amends to them all.

9. We made direct amends to such people wherever possible, except when to do so would injure them or others.

10. We continued to take personal inventory and when we were wrong promptly admitted it.

11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

This sounds like a big order, and we can't do it all at once. We didn't become addicted in one day, so remember—easy does it.

Reprinted from the Little White Booklet © 1986 by Narcotics Anonymous



Just for Today Area Narcotics Anonymous

Area Meeting Schedule

Serving the following Kansas communities:
**ArkCity ,Burlington, Chanute, Cherryvale,
Coffeyville, Emporia, Eureka, Independence,
Neodesha, Parsons, Pleasanton, Sedan**

**Just For Today Area
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Emporia, KS 66801
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www.jftareana.net

**Mid America Region Helpline
(855)-732-HOPE (4673)**